

## **Grenadines Cocktail from Martinique**

Cabin Cruise in the Caribbean  
on board of a comfortable catamaran

### **10 days / 9 nights**

Full board

Day of departure: Saturday

Martinique – St. Lucia – Bequia – Petit Nevis – Mustique – Tobago Cays – Mayreau – Palm Island – Union – Mayreau – St. Vincent – St. Lucia – Martinique

### ***Description***

#### **Your Boat:**

You will sail on board of a gorgeous catamaran, whose length (40 – 50 foot) provides you comfort and stability. (The pictures shown here are only examples since we provide several catamarans for the cruises.)

Everything is prepared to greet a maximum of eight guests on board (+ Crew, which is made up of two persons). There is no hostess on board. The cook will take care of preparing and clearing the table before and after meals, he is the deckhand and, apart from that, is your contact person for any questions about the life on board.

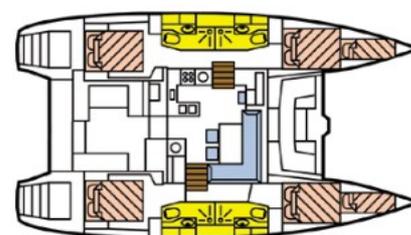
#### **Provisions:**

The meals will be held together, prominently in the cockpit. Drinks on board (included in charge): Soft drinks, sparkling water, still water, ¼ liter table wine for lunch and dinner. The menu can vary depending on the choice of the local markets as well as the results of the fishing. You may at any time victual yourself further to your liking. We also do not mind, if you bring additional wine, beer or other alcoholic drinks on board. Life on board is interactive. Everybody helps in the kitchen, hoisting the sails and maneuver the yacht.

#### **Your yacht and crew:**

There is no classification for sailing catamarans, as you know it from hotel bookings. However, there are means of categorizing which are comparable to the “hotel-stars”. The sailing turns will be held on yachts with four “dolphins”. Those “dolphins” have been established by us. The categories reach from 1 (=lowest category) up to 5 (=highest category). The catamarans possess the accurate safety equipment, according to the laws of the particular countries (Tracking system, life raft, life vests, etc).

Each guest cabin possesses an “en suite” bathroom (shower/lavatory). You have booked full board together with the extra: „active kitchen“. You will find a cook on board who may have a couple of tasks to do at the same time. It is therefore greatly appreciated, if you take active part in the life on board and help in the creation of the every day life on the sailing yacht. Every guest can take an active part on board, such as helping the skipper to maneuver or helping the cook creating tasty meals, while in the meantime learning something about the Caribbean-Creole kitchen. However none of that is a must.



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Your catamaran has a saloon (“living room”) with the kitchen integrated, as well as a cockpit which is protected from wind and strong sun. Most of the interactive life on board will take place here.

The skipper is very experienced, and knows the local area and the boat extremely well. He will point out places of interest, bring you closer to the country and its inhabitants, and will show you the most beautiful bathing and snorkel areas in the whole of the Caribbean. You will swim and snorkel in turquoise blue water, or relax on white beaches while the cook may be already preparing some steaks.

### **The cabin:**

Each yacht has four guest cabins and four lavatory/showers with a basin. Please note that water on board is not unending, therefore it has to be handled with care. However the store is large enough to ensure two showers per day for every guest.



### **The luggage:**

The yachts are comfortable, yet the space in the cabins is limited. Therefore we would like to advise you to leave your hard suitcase at home and to use a carpetbag instead, for they are way easier to stash. If you would like to use a hard suitcase anyway, we will allot you a place where it can be kept.

### **Children:**

Children over the age of eight years may take part in sailing cruises. For children up to twelve years of age, the price adds up to 80% of the normal price. One child will share a cabin with one adult.

### **Hints and references:**

As the flight arrivals usually happen to be in afternoons or evenings, sailing will take place only in the following morning. The first evening is dedicated to getting to know other guests and to settle in. Keep in mind, that the guests arrive on different flights and therefore attain the boat at various times. However we cannot be held responsible if the passenger arrives late due to delayed/canceled flights.

### **Worth knowing about the sailing trip:**

It is necessary to get a valid passport to clear inward in the different islands. (People with non-EU citizenship please contact us).

You will have to pay the "on board cash" prior to embarkation, also the Cruising Tax. Following costs are balanced with the "on board cash": gratuities for dock staff, port and customs charges, water, etc. For the amount of the "on board cash" and the Cruising Tax, please refer to the current price list.

Even if your skin is used to the sun: note that on a boat the sun rays are more intense than on land. You will always have a nice breeze on when you are on the boat therefore the strong sun is often felt too late. Thus, it is even more important to be prepared, for it is very easy to get sun



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burnt or even get a sunstroke, if you do not shield yourself from the sun. A sun hat which does not fall with the first gust of wind is very important. Do not forget your sunglasses either, which are best to be fixed with a string around your throat. A sweatshirt too is advisable, or a shirt with long sleeves combined with long trousers. For the first few days, sun cream with a high sun protection factor should be used.

If you take in medicine: remember to take enough of it, with you from home. On the islands it would be rather difficult to find pharmaceutical which is comparable.

There are no laws that enforce you to take any vaccines for the islands you are going to visit.

Seasickness: catamarans sail in a very stable way and are generally straight. Your skipper too will try his best to only pass through calm waters. However it is in the nature of sailing, that waves do occur. If you are likely to get seasick, you can discuss with your pharmacist which medicines are the best to take with you in this case.

Water on board is not infinite. The water however, is enough for every member to take two quick showers per day. In any case your skipper will remind you to be diligent with the freshwater on board.

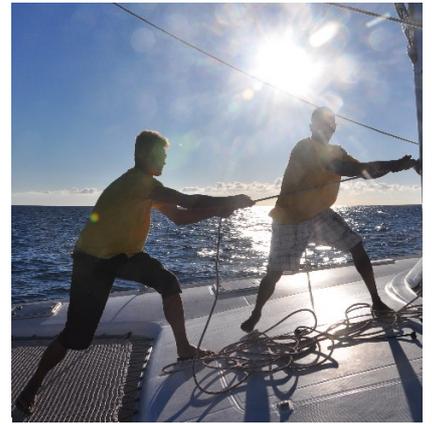


### **Sailing maneuvers and life on board:**

To attend one of our sailing cruises, no knowledge about sailing and the handling of a boat are expected. People which are not sportive too can take part and get to know the beautiful islands in this way. The skipper who as a matter of course is a skilled steersman is capable of handling the yacht completely on his own. However you have the chance to learn something about sailing, even though it is not a trip organized for this cause.

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The skipper will love to share his passion for traveling on the seas with you. He will thus enjoy helping you to gain first hand knowledge about sailing. If you like, you will very soon handle the steering-wheel, execute maneuvers or help with the anchoring yourself. Depending on the meteorological rates during your cruise, you will drive a section under engines. That means that the anchoring place will be reached by the engines and that the sails cannot be hoisted.



Mobile on board: Normally you do have reception on your mobile during the trip. However this is not inevitably the case. You should ensure with your provider that your mobile will be active for the region you are passing over, prior departure.

The cabins possess 220-volt connection. You can charge your mobile, photo camera, etc. in the receptacle in the saloon (Navigation).

### **Safety regulation:**

It is strictly forbidden to carry weapons or drugs on board.

Please note that the yacht crosses various borders and that therefore the coastguard searches yachts in the fight against drugs, every now and again. The skipper has the right at any time, to dismiss people from the boat who do not respect the instructions of visiting countries, carry weapons or drugs, disturb the life on board in any way, or put the crew, the guests or the yacht under any kind of danger. The skipper in such a case is obliged to inform the appropriate public authorities. In such a case, or if the guest wishes to leave the boat, nothing of the traveling expenses will be refunded.

Depending on the weather, it may happen that part of the distance has to be covered by the engine. If a hurricane appears during your journey, all preventive measures will be taken instantly. In case it is needed that due to the hurricane your accommodation has to be continued in a hotel, rather than on the boat. The costs for your room and the provisions will be covered by us. However, the same comfort and standard cannot be guaranteed.

### **Climate sailing holiday Caribbean:**

A tropical climate dominates in the Caribbean; furthermore they lie in the trade wind. The average temperature throughout the whole year is around 26 degree Celsius. The average water temperature is 27 degree Celsius, but can go up to 30 degrees Celsius in August or September. In the Caribbean the day starts quite early (Sunrise between 05am-06am local time). Dawn takes place already between 05:30 pm and 06:30 pm.

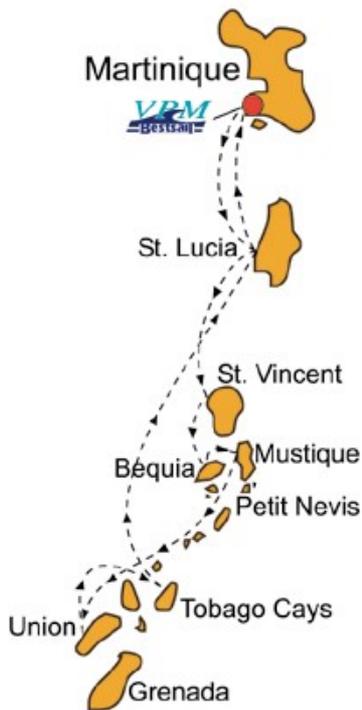
### **Private cruise / group bookings / incentive sailing cruises:**

You may use the same offer for a private journey, including friends and family only, for an additional charge. In this case, no other guests will be attending. For more information please contact your tour operator.

We would also like you to know, that pictures in the catalog or on the homepage, do not necessarily show the boat which you have booked your sailing cruise on. Most of the pictures serve as an examples. We prepare various catamarans for the cruises.

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## **Course of action**



### **Day 1: Le Marin, Martinique**

In the international marina Le Marin, which is found in a bay called "Cul-de-Sac", hundreds of sailing yachts await you. It is not seldom that "Atlantic-crossers" find their place to relax in one of the bars or restaurants there. Check-in at 6 pm. Our crew will greet you and give you information as well as an idea about your cruise to the Antilles and the South.

### **Day 2: Rodney Bay, St. Lucia**

Through corals we will make our way to St. Lucia right after the breakfast. After round about four hours of cruising, you will arrive at Rodney Bay, in which you may have your first jump into the Caribbean nature-pools. Surrounded by palm trees, Marigot Bay, which lies only a few miles away, is said to be the most beautiful places in the whole of the Caribbean. Here the movie „Dr. Dolittle“ was filmed in 1966. It is hence the perfect location for today in order to see a sunset as it is found only in picture books, punctually for dinner.



### **Day 3: Admiralty Bay, Bequia**

Shortly after the breakfast, heading to Bequia with arrival planned for the later afternoon. You will get the chance to relax during the cruise, before reaching the entrance to the Grenadines. Your skipper would also be pleased to show you the art of sailing and navigating. On the 60 nautical miles sail to the previous whaling island Bequia - pronounced "Beck-wej" you will see various bays of St. Vincent as well as views comparable to the rain forest. In the Admiralty Bay you will meet very friendly natives and are welcome to visit their bars, restaurants, shops, as well as a small market. After a day of sailing, you can relax in this picturesque scenery while enjoying dinner on board. As you like, you may then further relax having a drink on the beach.

### **Day 4: Petit Nevis – Grand Bay, Mustique**

In the late morning, you leave the life of fishers, boat builders and whaling descendants, to sail a few miles further to Petit



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Nevis. Here you find the remainings of the whale processing and stay at anchor for some time whilst enjoying bathing and lunch on board.

After lunch, a sailing trip of one hour and a half in the direction of Mustique, island of the international Jet set. David Bowie, Mick Jagger and others enjoy the Robinson life here for a couple of days per year. For sailors, the legendary and collective meeting point of the island remains the Basils Bar at Grand Bay, where your yacht lies at anchor.



### Day 5: Horse shoe reef, Tobago Cays

After breakfast, heading to Tobago Cays to reach four lonely islands in the late afternoon. The Tobago Cays which are unoccupied and reachable by boat only, are exclusive for sailors only. The turquoise colored water in the almost circular "horse shoe reef" is simply staggering. The morning and the afternoon are therefore dedicated to amazement, snorkeling at the reef, small walks on the beach or as you like, sweet idleness. So called "boatsboys" from the neighboring islands will offer you freshly caught spiny lobster that they prepare, for a surcharge, directly at the beach. Anchoring at night between desert islands.

### Day 6: Salt Whistle Bay, Mayreau – Palm Island – Union

Departure in the morning to reach the small "Salt Whistle Bay" on Mayreau after a cruise of about 30 minutes. You can take a tour on land to discover exclusive hovels with their palm trees and spend time in a beautiful bar which is completely built out of stone. After lunch, heading to Union Island with a stop at Palm Island for bathing. The American Coconut-John leased this island in the 60's, planted coconut palm trees and step by step built a paradisiacal hotel resort.



Then, mooring at Union island, a more civilized place than the desert islands where you have been anchoring for the previous two nights. You can do some shopping, take a walk and take a look at the airport where the landings are exciting to watch. It is worth the detour.

### Day 7: Saline Bay, Mayreau – Cumberland Bay, St. Vincent

In the morning, direction of Mayreau at "Saline Bay", where you can reach the top of the village with its beautiful church after a 15 minutes walk. Here you have a wonderful sight on the coral reef that surrounds the Tobago Cays. Take a bath at the beautiful beach before returning to the sailing yacht.

Direction of Saint Vincent after lunch to reach in the later afternoon Cumberland Bay, a place where a part of the movie "Pirates of the Caribbean" has been filmed.

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After having spend several days anchoring in turquoise water with very dry vegetation, you will appreciate to return to a green environment with a splendid coconut grove and a fresh water river where you can bathe before going to the mooring.

### **Day 8: La Soufrière, St. Lucia**

Return to St. Lucia, to arrive at La Soufrière, next to the 2 pitons (world natural heritage and sign of St. Lucia). After lunch, you may go on excursion to discover the Soufrière volcano and its sulfur baths, enjoy this moment of relaxation and jump into the caribbean water.

### **Day 9: Saint Anne, Martinique**

Right in the early morning you will make your way to Marigot Bay, St. Lucia for a short stopover. The destination for the day is Saint Anne on Martinique. Let the last evening of your spectacular trip die away in one of the local Creole bars or the yacht club.



### **Day 10: Le Marin, Martinique**

Return to Le Marin, check-out at 10 am. Transfer to the airport or respectively to your Hotel.

(change of route due to weather conditions, governmental restrictions etc. under reserve)

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